

Empowering Single-Parent Families
Through Trauma-Informed Care

Building Stronger Families
Healing Trauma
Creating Hope



Where hope is at home

A 501(C)(3) NON-PROFIT ORGANIZATION
FROM TRAUMA TO THRIVING - ONE FAMILY AT A TIME



WHO WE SERVE

Single-parent families experiencing trauma, crisis, or instability. We specialize in supporting mothers and children healing from:

- Domestic violence and abuse
- Housing instability and episodic homelessness
- Poverty and economic hardship
- Family separation and loss
- Mental health challenges and emotional distress
- Parenting challenges and family conflict

OUR PROGRAMS & SERVICES

TRAUMA-INFORMED PARENTING AND PERSONAL DEVELOPMENT PROGRAMS

Evidence-based, certified parenting education addressing the unique challenges single parents face. Our trauma-informed approach recognizes how past trauma affects parenting and provides healing strategies for building healthy parent-child relationships.

- Weekly group parenting sessions
- Individual parent coaching and support
- Age-appropriate parenting strategies
- Positive discipline and behavior management techniques

WRAPAROUND SERVICES & CASE MANAGEMENT

Comprehensive support addressing the whole family's needs—not just one issue. Our Therapeutic Team work alongside families to coordinate resources, navigate systems, and create sustainable pathways to stability.

- Individual case management and goal-setting
- Crisis intervention and emergency assistance
- Resource coordination (housing, food, furniture, clothes, healthcare, childcare)

- Benefits navigation and application assistance
- Employment support and job readiness
- Community referrals and partnership connections

TRAUMA-INFORMED CARE MEANS:

- Safety — Creating physically and emotionally safe environments and groups
- Trustworthiness — Building transparent, consistent and reliable relationships
- Peer Support — Connecting families with shared experiences and activities
- Empowerment — Recognizing strengths and restoring control and confidence
- Cultural Sensitivity — Respecting diverse backgrounds and experiences

COMMUNITY PARTNERSHIPS

We believe in collaboration, not duplication. We work strategically with churches, non-profits, government agencies, and community organizations to maximize impact for families.

HOW YOU CAN HELP

REFER a family in need - VOLUNTEER your expertise - DONATE to transform lives - PARTNER with us - SPONSOR a family's journey - PRAY for healing and hope!

Scan the QR Code and register now, enrollment is FREE!



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