



## COMMUNITY RESOURCES



## **COMMUNITY PARTNER STATEMENT**

At Katy Cares, we believe that no single-parent family should have to navigate the road to stability alone. That is why we have built a network of trusted community partners who offer essential services — at little or no cost to you — designed to meet your practical, emotional, and personal needs as you work toward healing, growth, and a stronger future for yourself and your children.

These partnerships extend the circle of support around you and your family, connecting you to resources beyond what we can provide in our own programs. We are proud of these relationships and the doors they open for the families who participate in our programs.

We also recognize that every family is different, every person is different, every need is unique, and not every service will feel like the right fit for you. That is not only understandable — we need to know. We encourage you to speak openly with your Program Director about your experiences with any community partner, whether something exceeded or fell short of your expectations. Your voice matters here. Your feedback helps us advocate on your behalf, strengthen our partnerships, and continuously search for resources that truly serve you—not just in a general sense, but in the specific, personal way you deserve.

You are not a number in a system. You are a single parent on a journey, and every resource we connect you with should honor that.



## **EMERGENCY & INFORMATION SERVICES**

### **2-1-1 TEXAS / UNITED WAY HELPLINE**

Phone: 2-1-1 or 1-877-541-7905

Text: ZIP code to 898-211

Website: [www.211texas.org](http://www.211texas.org)

Available: 24/7 Multilingual Services

#### **Services:**

- 24-hour information and referral service
- Emergency assistance connections
- Disaster response services
- Food, housing, and utility assistance referrals
- Healthcare and mental health services
- Employment and education resources
- Support for older adults and persons with disabilities

#### **Key Information:**

- Free confidential service
- Available by phone, text, or online chat
- Multi-language support available
- Connects to a network of 100+ nonprofit partners

### **UNITED WAY OF GREATER HOUSTON - FORT BEND SERVICE CENTER**

Phone: (281) 207-2300

Address: 10435 Greenbough, Suite 200, Stafford, TX 77477

Website: [www.unitedwayhouston.org](http://www.unitedwayhouston.org)

#### **Services:**

- Navigation assistance to connect with partner services
- Job training and placement resources
- Food assistance programs
- Counseling and mental health services

- Healthcare access support
- Out-of-school youth programs
- Financial stability services

#### **Key Information:**

- Navigator works with you on a personalized journey



- Connects to a network of nonprofit partners
- Free services
- Focus on immediate and long-term goals

## **HEALTHCARE SERVICES**

### **CHRIST CLINIC**

Website: [www.christclinic.org](http://www.christclinic.org)

Phone: (281) 493-5433

Address: 26010 Hwy 59 North, Kingwood, TX 77339

#### **Services:**

- Medical care for adults and children
- Dental services
- Vision care
- Licensed Class A Retail Pharmacy
- Laboratory services
- Mental health counseling

#### **Key Information:**

- General appointments: \$50 (or \$20 donation for those below the poverty threshold)
- No one turned away for inability to pay
- Does not accept insurance, but offers highly discounted rates
- Walk-ins welcome (half of daily schedule reserved for walk-ins)
- Appointments recommended for timely care
- Pharmacy available to everyone (not just clinic patients)

### **SAN JACINTO CLINIC**

#### **San José Clinic - Fort Bend Location (Rosenberg)**

Website: [www.sanjoseclinic.org](http://www.sanjoseclinic.org)

Phone: (832) 945-6711

Email: [patientaccess@sanjoseclinic.org](mailto:patientaccess@sanjoseclinic.org)

Volunteer Email: [volunteerapp@sanjoseclinic.org](mailto:volunteerapp@sanjoseclinic.org)

Address: 1615 Avenue E, Rosenberg, TX 77471

Hours: Monday-Friday, 8:00 AM - 5:00 PM

Saturday & Sunday: Closed



### **About San José Clinic:**

San José Clinic is the original safety-net Clinic in Houston, founded in 1922. For over 100 years, the Clinic has been a critical part of the healthcare safety net in Greater Houston and Fort Bend County. The Fort Bend location opened in 2020 to extend care to underserved populations in Fort Bend County, particularly in Rosenberg and surrounding areas.

### **Services Offered:**

- Primary Care (Adult and Pediatric)
- Women's Health Services (OB/GYN)
- Dental Care (General Dentistry)
- Vision Care (Optometry/Ophthalmology)
- Behavioral Health and Mental Health Counseling
- General Counseling Services
- Laboratory Services (On-Site)
- Diagnostic Services
- Childhood Immunizations
- Adult Immunizations

### **Specialty Care Services:**

- Cardiovascular Medicine (Cardiology)
- Dermatology
- Endocrinology (Diabetes, Thyroid)
- Neurology
- Otolaryngology (Ear, Nose, Throat/ENT)
- Gynecology
- Orthopedics
- Podiatry
- Rheumatology
- Urology
- Internal Medicine

### **Key Information:**

- Serves uninsured and uninsurable individuals and families
- No one turned away for inability to pay
- Sliding fee scale based on income
- Low-cost or no-cost services for qualifying patients
- All services under one roof for convenience
- Bilingual staff (English/Spanish)



- Culturally sensitive care
- Serves Fort Bend County residents
- Accepts some insurance plans
- Patient assistance programs available
- Case management services
- Transportation assistance available

**Eligibility:**

- Open to uninsured and uninsurable program participants
- Fort Bend County, Brazoria County, Harris County, and Montgomery County residents
- Low-income individuals and families prioritized
- No one turned away for financial reasons
- Eligibility screening is available at the Clinic.

**SAN JOSÉ CLINIC - FORT BEND PHARMACY**

Website: [www.sanjoseclinic.org](http://www.sanjoseclinic.org)

Phone: (832) 945-6244

Address: 117 Lane Drive, Suite #31, Rosenberg, TX 77471

Location: Quadrangle Square, Rosenberg

Hours: Monday-Friday, 8:30 AM - 4:30 PM

Saturday & Sunday: Closed

**About the Fort Bend Pharmacy:**

Opened in Fall 2023, the Fort Bend Pharmacy is San José Clinic's second Class-A Pharmacy location (the first is at the Midtown Houston location). The pharmacy was established to break down barriers to healthcare access, specifically transportation challenges faced by uninsured populations in Fort Bend County.

**Pharmacy Services:**

- Prescription medication dispensing
- Generic medications (60-day supply per visit)
- Brand-name medications (through Patient Assistance Programs)
- Over-the-counter medications
- Medical supplies
- Disease State Management Program
- Medication therapy management
- Medication compliance education
- Pharmacist consultations between physician appointments
- Medication regimen adjustments (under physician protocol)



**Key Pharmacy Features:**

- Low-cost or no-cost medications for uninsured patients
- Patient Assistance Program applications (medications from pharmaceutical companies at no charge)
- Same-day prescription filling when possible
- On-site location for clinic patients (convenient one-stop care)
- Pharmacist available for questions and counseling
- Bilingual pharmacy staff
- Affordable generic medications

**Disease State Management Program:**

This specialized pharmacy program, funded in part by St. Luke's Health Sugar Land Hospital, provides enhanced care for chronic conditions, including:

- Diabetes management
- High blood pressure (Hypertension)
- High cholesterol
- Cardiovascular disease risk reduction
- Asthma management
- COPD management

Benefits of the program:

- Regular pharmacist check-ins between doctor visits
- Medication compliance counseling
- Ability for pharmacist to adjust medications under physician protocol
- Education on disease management
- Decreased hospitalizations and emergency room visits
- Improved health outcomes

**DENTAL SERVICES AT SAN JOSÉ CLINIC**

Phone: (832) 945-6711

Email: [patientaccess@sanjoseclinic.org](mailto:patientaccess@sanjoseclinic.org)

Address: 1615 Avenue E, Rosenberg, TX 77471

**Dental Services Offered:**

- General dentistry
- Dental hygiene treatments and cleanings
- Dental exams and X-rays
- Fillings and restorative care
- Endodontics (root canals)
- Oral surgery and extractions



- Periodontics (gum disease treatment)
- Prosthodontics (dentures, crowns, bridges)
- Preventive care and education
- Children's dental care

### **Key Dental Information:**

- Staffed by certified dentists from UT Health Science Center at Houston School of Dentistry
- Advanced education program participants provide care under supervision
- Low-cost or no-cost services for qualifying patients
- Comprehensive dental care under one roof
- Appointment required.

### **HOW TO BECOME A PATIENT**

#### **Step 1: Contact the Clinic**

- Call: (832) 945-6711
- Email: [patientaccess@sanjoseclinic.org](mailto:patientaccess@sanjoseclinic.org)
- Visit: 1615 Avenue E, Rosenberg, TX 77471
- Hours: Monday-Friday, 8:00 AM - 5:00 PM

#### **Step 2: Eligibility Screening**

You will be asked about:

- Residency (must live in service area: Fort Bend, Brazoria, Harris, or Montgomery County)
- Insurance status (Clinic serves uninsured and uninsurable)
- Household income (sliding fee scale available)
- Healthcare needs

#### **Step 3: Schedule an Appointment**

- Initial appointments typically take 60-90 minutes
- Bring required documentation (see below)
- Arrive 15 minutes early to complete paperwork

#### **Step 4: What to Bring to Your First Appointment**

- Valid photo ID (driver's license, state ID, passport)
- Proof of address (utility bill, lease agreement, mail with your name)
- Proof of income (pay stubs, tax returns, benefit statements) or proof of no income
- List of current medications (bring bottles if possible)
- Medical records, if available
- Insurance card if you have insurance
- List of allergies
- Any medical history information



### **Step 5: At Your Appointment**

- Complete new patient forms
- Meet with eligibility staff to determine fee schedule
- Vital signs will be taken
- See healthcare provider (doctor, nurse practitioner, or dentist)
- Receive prescriptions (can be filled at on-site pharmacy)
- Schedule follow-up appointments as needed

## **SPECIAL PROGRAMS & PARTNERSHIPS**

### **Patient Assistance Program (PAP)**

San José Clinic helps patients apply for free medications through national Patient Assistance Programs offered by pharmaceutical companies. This ensures indigent patients who qualify have access to brand-name medications at no cost.

### **Disease State Management**

Funded by St. Luke's Health Sugar Land Hospital (\$51,500 grant), this program provides enhanced pharmacy services for chronic disease management, particularly diabetes and cardiovascular disease.

### **Transportation Assistance**

Recognizing that transportation is a common barrier to healthcare access, San José Clinic assists patients in reaching appointments.

### **Case Management Services**

Social workers and case managers help patients navigate social determinants of health, including:

- Housing assistance
- Food insecurity
- Utility assistance
- Employment resources
- Benefits enrollment (Medicaid, SNAP, etc.)
- Community resource connections

## **PATH PROGRAM (PATHWAYS FOR ADVOCACY-BASED TRAUMA-INFORMED HEALTHCARE)**

In partnership with the Greater Houston community, San José Clinic provides comprehensive medical, dental, mental health, and vision services for survivors of human trafficking.



### **Free Kids Dental Day**

An annual initiative offering complimentary dental services to children requiring assistance. Check with the Clinic for upcoming dates.

### **IMPORTANT PATIENT INFORMATION**

#### **Payment & Fees:**

- Sliding fee scale based on household income and size
- Federal Poverty Level guidelines used
- Fees range from \$0 to low-cost, depending on eligibility
- Payment plans available
- No one turned away for inability to pay
- Financial counselors available to discuss options

#### **What Makes San José Clinic Different:**

- Comprehensive care under one roof (medical, dental, vision, behavioral health, pharmacy, lab)
- Over 100 years of experience serving vulnerable populations
- Dignity and respect for every patient
- Culturally sensitive, bilingual care
- Focus on breaking down barriers to healthcare access
- Patient-centered care model
- Quality healthcare regardless of ability to pay
- Social determinants of health addressed (transportation, food, housing)
- Located in Fort Bend County for convenient access

#### **Languages Spoken:**

- English
- Spanish
- Interpreter services available for other languages

#### **Appointment Policies:**

- Call ahead to schedule appointments: (832) 945-6711
- Arrive 15 minutes early for all appointments
- Bring all required documentation
- Cancellations: Call at least 24 hours in advance
- No-show policy: Repeated no-shows may affect future scheduling

#### **What to Expect at Your Visit:**

1. Check in at reception



2. Update personal and insurance information
3. Vital signs (blood pressure, temperature, weight, height)
4. Nurse or medical assistant screening
5. Provider visit (doctor, nurse practitioner, dentist, etc.)
6. Laboratory work or diagnostic tests, if needed
7. Pick up prescriptions at the pharmacy if needed
8. Schedule follow-up appointments
9. Check out and make payment arrangements

## **FREQUENTLY ASKED QUESTIONS**

### **Q: Who can receive care at San José Clinic?**

A: San José Clinic serves uninsured and uninsurable individuals and families in Fort Bend, Brazoria, Harris, and Montgomery Counties. Priority is given to low-income program participants. No one is turned away for inability to pay.

### **Q: Do I need to be a U.S. citizen?**

A: No, citizenship is not required. San José Clinic serves all community members regardless of immigration status.

### **Q: What if I have insurance?**

A: San José Clinic primarily serves the uninsured. If you have limited insurance that doesn't cover certain services, contact the Clinic to discuss your options.

### **Q: How much will my visit cost?**

A: Fees are based on a sliding scale according to your household income and family size. Many patients pay little to nothing for services. Financial counselors will work with you to determine your fee.

### **Q: Can I get prescriptions filled at the Clinic?**

A: Yes! San José Clinic has an on-site pharmacy at 117 Lane Drive in Rosenberg. This makes it convenient to pick up medications right after your appointment.

### **Q: Do you offer dental services?**

A: Yes, comprehensive dental services are available at the Rosenberg location, including cleanings, fillings, extractions, root canals, and dentures.

### **Q: Is mental health care available?**

A: Yes, San José Clinic offers behavioral health and general counseling services for patients dealing with depression, anxiety, stress, and other mental health concerns.

### **Q: How do I schedule an appointment?**

A: Call (832) 945-6711 during business hours (Monday-Friday, 8:00 AM - 5:00 PM) to schedule. You can also email [patientaccess@sanjoseclinic.org](mailto:patientaccess@sanjoseclinic.org).



**Q: Do you accept walk-ins?**

A: Appointments are strongly recommended. Contact the Clinic to inquire about walk-in availability for urgent needs.

**Q: What specialty services are available?**

A: San José Clinic offers cardiology, dermatology, endocrinology, neurology, ENT, gynecology, orthopedics, podiatry, rheumatology, urology, and more through specialist physicians.

**Q: Is transportation help available?**

A: Yes, understanding transportation is a barrier for many patients. San José Clinic provides transportation assistance. Ask staff for details.

**Q: Can my children be seen here?**

A: Yes, San José Clinic provides pediatric care, including well-child visits, sick visits, and childhood immunizations.

**QUICK CONTACT REFERENCE**

San José Clinic - Fort Bend:

- Phone: (832) 945-6711
- Email: [patientaccess@sanjoseclinic.org](mailto:patientaccess@sanjoseclinic.org)
- Address: 1615 Avenue E, Rosenberg, TX 77471
- Hours: Monday-Friday, 8:00 AM - 5:00 PM

Fort Bend Pharmacy:

- Phone: (832) 945-6244
- Address: 117 Lane Drive, Suite #31, Rosenberg, TX 77471
- Hours: Monday-Friday, 8:30 AM - 4:30 PM

Website: [www.sanjoseclinic.org](http://www.sanjoseclinic.org)

For Emergencies: Call 9-1-1

(San José Clinic is not an emergency facility)

**WHY CHOOSE SAN JOSÉ CLINIC - FORT BEND?**

- ✓ Over 100 years of experience serving vulnerable populations
- ✓ Comprehensive care: Medical, Dental, Vision, Behavioral Health, Pharmacy, Lab - All Under One Roof
- ✓ Conveniently located in Rosenberg, Fort Bend County
- ✓ On-site pharmacy with low-cost or free medications
- ✓ No one turned away for inability to pay
- ✓ Sliding fee scale based on income
- ✓ Bilingual staff (English/Spanish)
- ✓ Culturally sensitive care



- ✓ Specialty care available (Cardiology, Endocrinology, Dermatology, etc.)
- ✓ Transportation assistance provided
- ✓ Case management and social services
- ✓ Disease State Management Program for chronic conditions
- ✓ Patient Assistance Programs for free medications
- ✓ Quality care with dignity and respect
- ✓ Focus on breaking down barriers to healthcare access
- ✓ Serving the uninsured and uninsurable population

### **ACCESSHEALTH (FORMERLY FORT BEND FAMILY HEALTH CENTER)**

Website: [www.accesshealth.net](http://www.accesshealth.net)

#### **Locations:**

Richmond Clinic:

- Phone: (281) 342-4530
- Address: 400 Austin Street, Richmond, TX 77469

Missouri City Clinic:

- Phone: (281) 969-1800
- Address: 307 Texas Parkway, Suite 100, Missouri City, TX 77489

Stafford Clinic (with Dental):

- Phone: (281) 261-0182
- Address: 10435 Greenbough Dr., Suite 300, Stafford, TX 77477

#### **Services:**

- Primary medical care
- Pediatrics
- Women's health
- Dental services (Stafford location)
- Behavioral health
- Pharmacy

#### **Key Information:**

- Federally Qualified Health Center (FQHC)
- Sliding fee scale based on income
  
- Accepts Medicaid and most insurance
- No one turned away for inability to pay
- Established in 1975



## **FORT BEND COUNTY HEALTH AND HUMAN SERVICES**

Website: [www.fbchealth.org](http://www.fbchealth.org)

Phone: (281) 238-3188

Address: 4520 Reading Rd, Rosenberg, TX 77471

### **Services:**

- Immunizations for children and adults
- Family planning and reproductive health
- STD/HIV testing and treatment
- TB testing and treatment
- WIC (Women, Infants, and Children) nutrition program
- Health clinic services

### **Key Information:**

- Sliding fee scale based on income
- Accepts Medicaid and most insurance
- Multiple locations throughout Fort Bend County
- Bilingual staff available
- Clinics closed daily 12:00 PM - 1:00 PM

## **EMPLOYMENT & CAREER SERVICES**

### **WORKFORCE SOLUTIONS - FORT BEND CAREER OFFICE**

Website: [www.wrksolutions.com](http://www.wrksolutions.com)

Phone: (346) 341-7390

Toll Free: 1-888-469-5627

Financial Aid Status: 1-888-600-5936

Address: 3823 Cartwright Rd, Missouri City, TX 77459

Hours: Monday-Friday, 8:00 AM - 5:00 PM

### **Services:**

- Job search assistance and resources
- Resume writing and application preparation
- Career exploration and assessment
- Skills training and development
- Interview preparation
- Computer lab with internet access
- Job fairs and hiring events



- Financial aid for eligible training programs
- Childcare assistance for eligible families
- Youth programs (ages 16-24)
- Vocational rehabilitation services: (281) 386-0271

**Key Information:**

- Free services to all job seekers
- Virtual and in-person services available
- Wi-Fi available in the parking lot
- Access to WorkInTexas.com job database
- Serves 13 counties in Houston-Galveston region

**Staff Force**

Website: [www.staff-force.com](http://www.staff-force.com)

Phone: (281) 492-2700

Address: 24922 Katy Freeway, Katy, TX 77494

**Services:**

- Temporary employment placement
- Temp-to-hire positions
- Direct hire placement
- Light industrial positions
- Skilled trades opportunities
- Administrative roles

**Key Information:**

- Texas's largest privately owned staffing company
- Insurance benefits for temporary workers
- Weekly payroll
- On-site forklift certifications
- Personalized job placement assistance
- No cost to job seekers

**EXPRESS EMPLOYMENT PROFESSIONALS**

Website: [www.expresspros.com](http://www.expresspros.com)

Phone: (281) 665-4400

Address: 22762 Westheimer Pkwy #420, Katy, TX 77450



**Services:**

- Full-time, part-time, and temporary positions
- Healthcare, manufacturing, and office services
- Single application for multiple positions
- Personalized job matching
- Free skills training
- Career development resources

**Key Information:**

- All services are free to job seekers
- Local team support
- Same-day job placements available
- Weekly pay

**CAREERONESTOP**

Website: [www.careeronestop.org](http://www.careeronestop.org)

Phone: 1-877-US2-JOBS (1-877-872-5627)

**Services:**

- Career exploration and interest assessments
- Nearly 900 occupation profiles with wages and job outlook
- Training program and certification searches
- Job search tools with daily updates
- Resume building assistance
- Interview preparation resources
- Local American Job Center finder

**Key Information:**

- Free resource from the U.S. Department of Labor
- Available 24/7 online
- Scholarship information included
- GED and educational resources

**TRAINING & EDUCATION PROGRAMS**

**CYFAIR CAREER INSTITUTE**

Website: [www.cyfaircareerinstitute.com](http://www.cyfaircareerinstitute.com)

Phone: (281) 463-2839

Address: Multiple Houston-area locations



**Programs Offered:**

- Medical Assistant (6 weeks to 6 months)
- Medical Billing & Coding
- Phlebotomy Technician

**Key Information:**

- Tuition range: \$1,800 to \$8,500
- Flexible payment plans available
- Comprehensive career services
- Resume building and job search support
- Externship placements included
- Day and evening classes available
- Small class sizes with personalized instruction

**TOP GRADE PHLEBOTOMY**

Website: [www.phlebotomy-training.com](http://www.phlebotomy-training.com)

Phone: (346) 810-1144

Email: [cruzmt@topgradephlebotomy.com](mailto:cruzmt@topgradephlebotomy.com)

Address: 1806 Snake River Rd, Suite B, Katy, TX 77449

**Program Details:**

- 3-week phlebotomy training program
- Total cost: \$1,095 (\$100 deposit + \$870 tuition + \$125 exam fee)
- Entry-level salaries: \$12-\$20/hour
- Flexible payment plans and financing available
- High job placement potential

**PETROSKILLS**

Website: [www.petroskills.com](http://www.petroskills.com)

Phone: (918) 828-2500

**Services:**

- Over 170 online training programs
- 500+ hours of training content
- Health, Safety, and Environment courses
- Operations and Maintenance training
- Business and Management programs
- Project Management courses



**Key Information:**

- Self-paced online learning
- In-classroom, virtual, and eLearning formats
- Oil, gas, and energy sector training

**FINANCIAL SERVICES**

**FINANCIAL COACHING & CAREER DEVELOPMENT (FAMILY HOUSTON)**

Contact: Monee Cheney, Senior Financial Stability Coach

Email: [mcheney@familyhouston.org](mailto:mcheney@familyhouston.org)

Phone: (713) 861-4849 ext. 7739

Cell: (832) 987-2023

Hours: Monday-Friday, 8:00 AM - 5:00 PM

**Services:**

- One-on-one financial coaching (in-person or virtual)
- Budgeting assistance
- Credit building strategies
- Debt reduction planning
- Job placement support
- Financial literacy workshops
- Youth services (ages 14-24)

**Key Information:**

- Free services for Katy Cares guests
- Mandatory participation during the program
- Same coach throughout your journey
- Monthly sessions (can be adjusted)
- Confidential sessions
- Credit score tracking (initial and 6-month follow-up)

**CREDITO TEXAS**

Website: [www.creditotexas.org](http://www.creditotexas.org)

Phone: (713) 595-2002

Address: Multiple Houston-area locations

**Services:**

- Credit counseling and repair
- Debt management plans
- Bankruptcy counseling
- Housing counseling



- First-time homebuyer education
- Financial education workshops
- Foreclosure prevention

**Key Information:**

- HUD-approved housing counseling agency
- Bilingual services (English/Spanish)
- Affordable fees with payment plans
- Virtual and in-person sessions
- Serving Houston area since 1993

**FOOD ASSISTANCE**

**HOUSTON FOOD BANK**

Website: [www.houstonfoodbank.org](http://www.houstonfoodbank.org)

Phone: (713) 223-3700

Email: [info@houstonfoodbank.org](mailto:info@houstonfoodbank.org)

Address: 535 Portwall Street, Houston, TX 77029

**Services:**

- Food distribution through 1,500+ partner agencies
- Emergency food pantry at main location
- Kids Cafe (after-school and summer meals for children)
- Backpack Buddy (weekend food for at-risk children)
- Senior Program (monthly food boxes for seniors)
- Mobile food pantries throughout the region
- SNAP application assistance
- Nutrition education

**Key Information:**

- Serves 18 southeast Texas counties, including Fort Bend
- Free services to those in need
- Use map at [houstonfoodbank.org/find-food](http://houstonfoodbank.org/find-food) to find nearest location
- Contact pantries before visiting to confirm hours
- Emergency pantry open extended hours for working families



### **KATY CHRISTIAN MINISTRIES**

Website: [www.katychristianministries.org](http://www.katychristianministries.org)

Phone: (281) 391-5954

Address: 6934 S Fry Rd, Katy, TX 77494

#### **Services:**

- Food pantry (weekly groceries)
- Financial assistance (rent, utilities, prescriptions)
- Clothing closet
- School supplies
- Christmas assistance program
- Job readiness workshops

#### **Key Information:**

- Fort Bend County residents only
- Registration required (bring ID and proof of address)
- Open Tuesday-Thursday
- Food pantry: Once per week per household
- Financial assistance: Once every 12 months per category

### **HELPING HANDS**

Website: [www.helpinghandsofkaty.com](http://www.helpinghandsofkaty.com)

Phone: (281) 395-6033

Address: 1617 Avenue D, Katy, TX 77493

#### **Services:**

- Emergency food assistance
- Financial assistance (rent, utilities, medical bills)
- Back-to-school supplies
- Holiday assistance (Thanksgiving, Christmas)
- Hygiene products

#### **Key Information:**

- Serves the Katy ISD area residents
- Assistance available every 90 days
- Bring ID, proof of address, and income documentation

### **EAST FORT BEND HUMAN NEEDS MINISTRY**

Phone: (281) 261-1006

Address: 435 Stafford Run Rd, Stafford, TX 77477



**Services:**

- Interfaith food pantry
- Nutritious perishable and non-perishable groceries
- Household items and toiletries
- Emergency food assistance

**Key Information:**

- Serves East Fort Bend County residents
- Referrals from area congregations or social service agencies
- First-come, first-served
- Must provide proper identification and proof of residency
- Food assistance once per calendar month

**HOUSING & SHELTER SERVICES**

**ROSENBERG HOUSING AUTHORITY**

Website: [www.rosenbergha.org](http://www.rosenbergha.org)

Phone: (281) 342-1456

Fax: (281) 232-2920

Address: 117 Lane Drive, Suite 22, Rosenberg, TX 77471

**Services:**

- Housing Choice Voucher Program (Section 8)
- Rental assistance for low-income families
- Serves Fort Bend County residents
- Assistance with finding housing
- Housing counseling

**Key Information:**

- Serves 450+ low and moderate-income households
- Service area: Rosenberg, Sugar Land, Missouri City, Richmond, Needville, and Katy
- Income eligibility requirements (must not exceed 50% of the area median income)
- Waiting list opens periodically (check website for updates)
- Must live or work in Fort Bend County
- Applications accepted during open enrollment periods only
- 90% of households served are female-headed

**FORT BEND FAMILY PROMISE**

Website: [www.fortbendfamilypromise.org](http://www.fortbendfamilypromise.org)

Phone: (281) 238-5167

Address: 1505 Eugene Heimann Circle, Richmond, TX 77469



**Services:**

- Emergency shelter for families (up to 90 days)
- Case management
- Financial literacy education
- Job readiness training
- Housing stabilization support
- Prevention services

**Key Information:**

- Families with children only
- Fort Bend County residents
- Drug/alcohol free program
- Comprehensive support services

**ATTACK POVERTY**

Website: [www.attackpoverty.org](http://www.attackpoverty.org)

Phone: (281) 344-5030

Address: 4950 FM 2759 Rd, Missouri City, TX 77459

**Services:**

- Emergency rental assistance
- Utility assistance
- Food pantry
- Case management
- Community resource navigation
- Holiday assistance programs

**Key Information:**

- Serves Fort Bend County residents
- Assistance frequency limits apply
- Documentation of income and expenses required.

**CLOTHING & HOUSEHOLD GOODS**

**CLOTHED BY FAITH**

Website: [www.clothedbyfaith.org](http://www.clothedbyfaith.org)

Phone: (281) 395-5525

Address: 5504 1st St, Katy, TX 77493



**Services:**

- Free clothing for men, women, and children
- Professional attire for job interviews
- Shoes and accessories
- Baby items and maternity clothes

**Key Information:**

- Free services, no income requirements
- Open Tuesday, Thursday, and Saturday
- Limit: 10 items per person per visit
- Personal shoppers available to assist

**HOUSTON FURNITURE BANK**

Website: [www.houstonfurniturebank.org](http://www.houstonfurniturebank.org)

Phone: (713) 637-0761

Address: 1811 N Shepherd Dr, Houston, TX 77008

**Services:**

- Essential household furniture
- Kitchen items and appliances
- Beds and bedding
- Living room and dining furniture

**Key Information:**

- Serves individuals transitioning out of homelessness
- Referral required from partner agency (Katy Cares qualifies)
- Free furniture packages for qualifying families
- Delivery available

**SALVATION ARMY - STAFFORD**

Phone: (281) 207-2500

Address: 10435 Greenbough, Suite 200, Stafford, TX 77477

**Services:**

- Emergency assistance (food, rent, utilities)
- Clothing and household items
- Social services
- Disaster relief
- Seasonal assistance programs



## **MENTAL HEALTH & COUNSELING SERVICES**

### **GULF COAST CENTER - FORT BEND**

Website: [www.gulfcoastcenter.org](http://www.gulfcoastcenter.org)

Phone: (832) 526-0844

Crisis Line: (866) 729-3848 (24/7)

Address: 4910 Airport Ave, Building D, Rosenberg, TX 77471

#### **Services:**

- Mental health counseling
- Substance abuse treatment
- Crisis intervention (24/7)
- Psychiatric services
- Case management
- Support groups

#### **Key Information:**

- Sliding fee scale based on income
- Accepts Medicaid and most insurance
- Walk-ins welcome for crisis services
- Bilingual staff available

### **FORT BEND WOMEN'S CENTER AND SHELTER**

Website: [www.fbwc.org](http://www.fbwc.org)

Phone: (281) 342-4357

24-Hour Crisis Hotline: (281) 342-4357

Address: Confidential shelter location

#### **Services:**

- 24-hour crisis hotline
- Emergency shelter (up to 90 days)
- Counseling for adults and children
- Legal advocacy
- Support groups
- Transitional housing
- Economic empowerment program

#### **Key Information:**

- Confidential and free services
- Safe shelter for women and children



- Transportation assistance available
- Bilingual services

## **LEGAL SERVICES**

### **Lone Star Legal Aid - Houston Office**

Website: [www.lonestarlegal.org](http://www.lonestarlegal.org)

Phone: (800) 733-8394

Address: 2101 Richmond Ave, Suite 300, Houston, TX 77098

#### **Services:**

- Family law assistance
- Housing and eviction defense
- Consumer protection
- Public benefits appeals
- Elder law
- Immigration (limited services)

#### **Key Information:**

- Free legal services for low-income individuals
- Income eligibility requirements
- Call for screening appointment
- Serves Fort Bend County residents

## **CHILDCARE & YOUTH SERVICES**

### **TEXAS WORKFORCE COMMISSION - CHILD CARE SERVICES**

Website: [www.twc.texas.gov/families](http://www.twc.texas.gov/families)

Phone: (800) 862-5252

#### **Services:**

- Subsidized childcare for working parents
- Child Care Management System (CCMS) portal
- Provider search tools
- Parent resources and education

#### **Key Information:**

- Income-based eligibility
- Must be working or in approved education/training
- Online application available
- Apply at: [www.texaschildcaresolutions.org](http://www.texaschildcaresolutions.org)



## **TRANSPORTATION SERVICES**

### **FORT BEND COUNTY TRANSIT**

Website: [www.fortbendcountytexas.gov/transit](http://www.fortbendcountytexas.gov/transit)

Phone: (866) 751-TRIP (8747)

Hours: Monday-Friday, 8:00 AM - 5:00 PM

#### **Services:**

- Scheduled ride transportation within Fort Bend County
- Shared ride bus services
- Door-to-door service
- Reduced fares for seniors and people with disabilities

#### **Key Information:**

- Call to schedule or cancel rides (ask for "Fort Bend County Reservations")
- Schedule rides 24 hours in advance, recommended
- No service on county holidays
- Affordable fares

## **GOVERNMENT BENEFITS & ASSISTANCE**

### **TEXAS HEALTH AND HUMAN SERVICES - SNAP/TANF/MEDICAID**

Website: [www.yourtexasbenefits.com](http://www.yourtexasbenefits.com)

Phone: 2-1-1 or (877) 541-7905

#### **Services:**

- SNAP (Food Stamps)
- TANF (Temporary Assistance for Needy Families)
- Medicaid
- CHIP (Children's Health Insurance)
- Women's Health Program

#### **Key Information:**

- Apply online at [YourTexasBenefits.com](http://YourTexasBenefits.com)
- Income-based eligibility
- Renewal required periodically
- Can check application status online



## **EMERGENCY CONTACTS & HOTLINES**

### **EMERGENCY SERVICES: 9-1-1**

2-1-1 Texas: Dial 2-1-1 (24/7 helpline for community resources)

National Domestic Violence Hotline: 1-800-799-7233

National Suicide Prevention Lifeline: 988

Crisis Text Line: Text HOME to 741741

Texas Abuse Hotline: 1-800-252-5400

Poison Control: 1-800-222-1222

Fort Bend Women's Center Crisis Hotline: (281) 342-4357

Gulf Coast Center Crisis Line: (866) 729-3848

SAMHSA National Helpline: 1-800-662-4357 (Treatment referral)

## **ADDITIONAL RESOURCES**

### **CATHOLIC CHARITIES OF THE ARCHDIOCESE OF GALVESTON-HOUSTON**

Website: [www.catholiccharities.org](http://www.catholiccharities.org)

Phone: (713) 251-6919

Fort Bend Location: 1111 Collins Road, Richmond, TX 77469

#### **Services:**

- Food pantry (client choice shopping)
- Immigration legal services
- Refugee resettlement
- Pregnancy and parenting support
- Housing and utility assistance
- Disaster relief



**Key Information:**

- Monday: 12:00 PM - 2:30 PM
- Tuesday-Wednesday: 9:00 AM - 2:30 PM
- Drive-through food distribution: Tuesday 4:30 PM - 6:30 PM

**SECOND MILE MISSION CENTER**

Website: [www.secondmilecenter.org](http://www.secondmilecenter.org)

Phone: (281) 261-0733

Address: 9950 Highway 90A, Sugar Land, TX 77478

**Services:**

- Food pantry
- Resale shop
- Financial assistance
- Benevolence services

**Key Information:**

- Faith-based benevolence center
- Serves families in Fort Bend County

**OAKBEND MEDICAL CENTER**

Website: [www.oakbendmedcenter.org](http://www.oakbendmedcenter.org)

Phone: (281) 341-3000

Address: 1705 Jackson Street, Richmond, TX 77469

**Services:**

- Emergency services
- Community health fairs
- Free health screenings (blood pressure, glucose)
- Collaboration with community organizations

**THE END**